

INSTRUCTION MANUAL

COMBI/INFRARED

SAUNA ALAVUS

II,III,IVLUX /

Exclusive / RegenaRay



THANK YOU FOR PURCHASING OUR INFRARED SAUNA. PLEASE READ THIS INSTRUCTION MANUAL CAREFULLY BEFORE USING IT.
USE. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE SERVICE CENTER.

ENTRY

First of all, thank you for purchasing the Belatrix sauna, and we wish you many wonderful moments spent in our sauna. Our infrared sauna will help you lose excess body fat, reduce toxins, relieve persistent pain, and thoroughly cleanse your body. By purchasing our sauna, you can now enjoy all of this from the comfort of your home, whenever you want.

THE HEALTH IMPACT OF INFRARED SAUNA

Pain relief

Far infrared radiation accelerates blood circulation, delivering more oxygen to the body. Improved blood circulation reduces inflammation, relieves pain, and accelerates healing.

Infrared saunas can also be used to treat rheumatism, arthritis and hemorrhoids.

Steroids. Increased blood circulation also has a beneficial effect on the skin, helping to treat skin conditions like eczema and acne. Proper blood circulation is key to soft and smooth skin.

Limiting calories and fat

Far infrared radiation removes excess salt and subcutaneous fat from the body. A half-hour sauna session can burn 600 calories, compared to 300 calories burned during a half-hour of jogging and 225 calories burned during a half-hour of cycling.

Relaxation of body and mind

In the sauna, you can create a pleasant atmosphere using the built-in CD player, listen to pleasant music and at the same time take advantage of light therapy, which we are the only ones on the market to offer in our saunas.

Reducing toxins and improving skin condition

BRIEF DESCRIPTION OF EQUIPMENT

- Control panel, ionizer/ozonator, light therapy,
- wooden infrared sauna, cabinet - 4 walls, floor,
- canopy, bench, bench support, canopy cover, 2 x
- front heaters

INSTALLATION REQUIREMENTS

- do not connect other devices to the electrical outlet together with the sauna; the sauna must be placed on the ground during
- installation; the sauna must be installed in a dry room; do not
- store flammable materials and chemicals near the sauna

a) sauna structure (see Fig. 1)

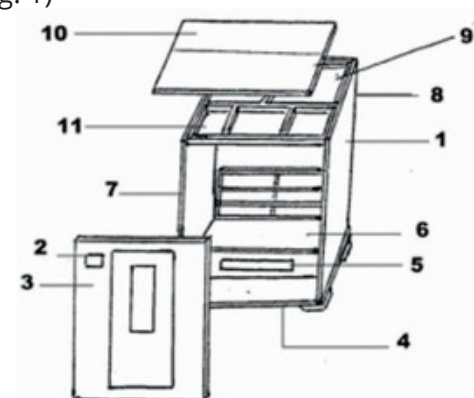


Fig. 1

1 - right side 2 - control panel 3 - front wall 4 - bottom

5 - bench support 6 - bench 7 - left side 8 - rear wall

9 - upper supporting plate 10 - upper plate 11 - electrical control panel

INSTALLATION

1. place the bottom panel



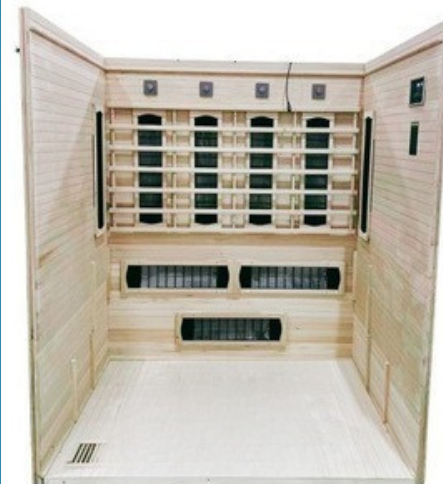
2. Place the back wall



3. Place the right wall of the sauna and attach it to the back wall with clips



4. Install the left wall of the sauna and attach it to the back wall with clips



INSTALLATION

5. Install the front panel and secure it with clips



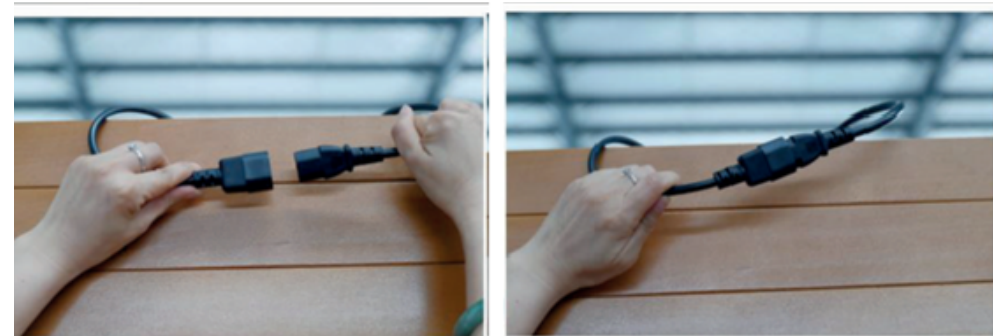
6. place the canopy



7. unfold the seat cushions

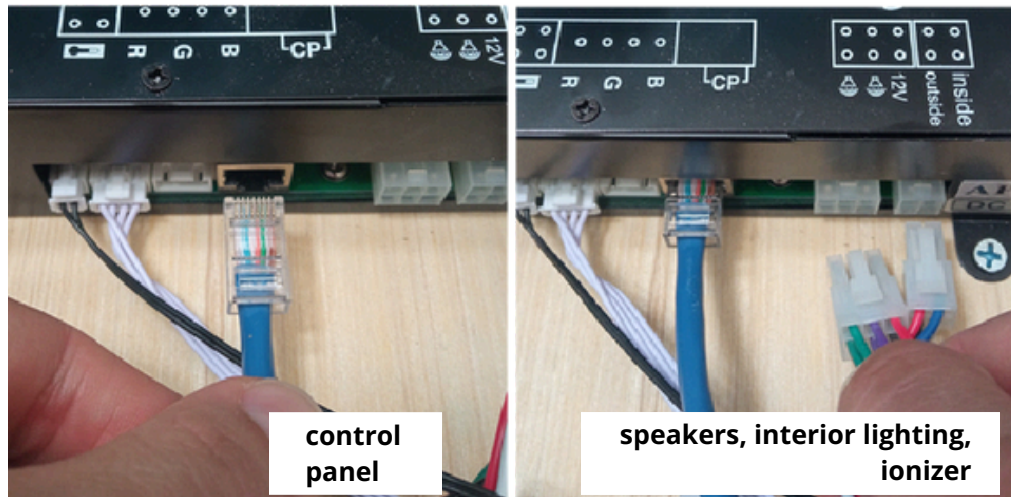
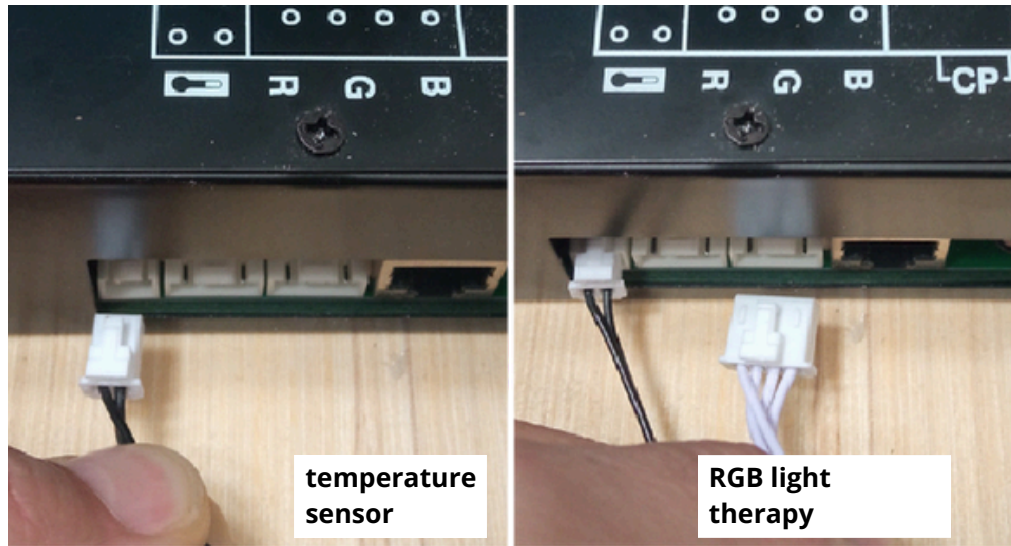


8. Reconnect the top wiring



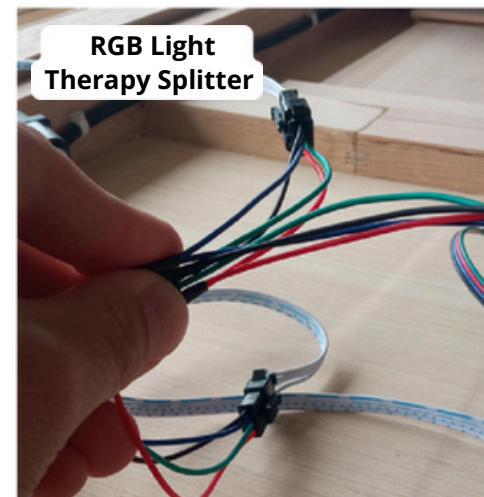
INSTALLATION

9. practically all cables (except the cable labeled "12V External Light" for external lighting, which is not included) must be connected to the appropriate connectors



If any of the connections are missing, the sauna will not function properly.

10. for models equipped with salt walls (standard Exclusive series)



INSTALLATION OF HEATING STONES (COMBINED SAUNAS)

11. Screw the protective cage as shown in the picture.



13. Mount the heater to the support plate and connect it according to the sauna heater manufacturer's instructions.



12. Screw the stove support plate to the protective basket

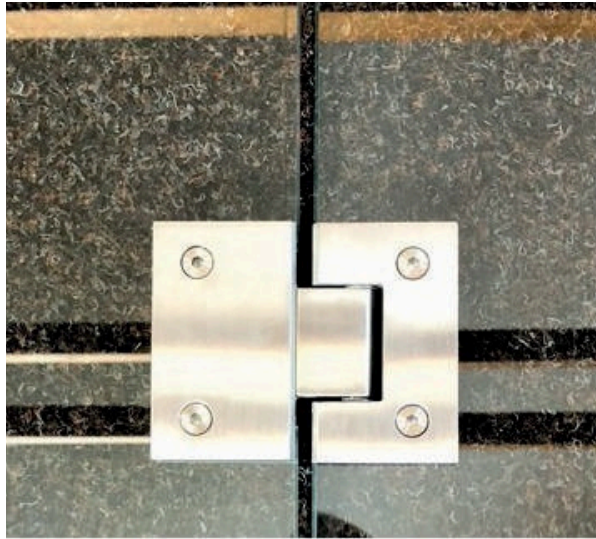


INSTALLATION

14. Plug the ionizer anywhere within reach of the hood's cable. Then connect it using the connector.



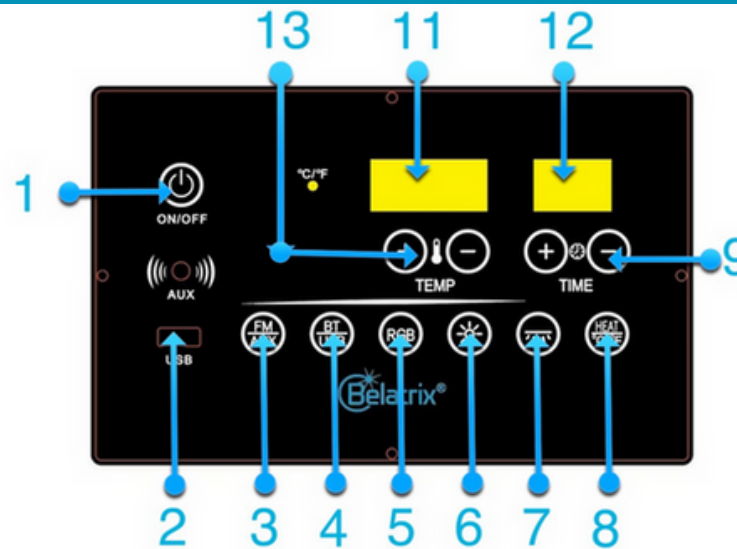
15. Ensure all previous steps have been completed correctly. Plug the sauna into an electrical outlet and check that it's working properly. Then, install the top plate and thread the sauna's power cable through the appropriate hole. Then, screw the top plate to the roof. Check the glass is seated correctly and adjust it using Allen keys if necessary.



16. Install the bracket and the installation is complete



CONTROL PANEL



1. Power on/off

2. USB port

3. Radio on/off (FM mode)

4. BT/USB mode switching (multimedia mode). Short press the button

to enter BT mode. The BT sauna is called BT sauna. Press and hold (5 seconds) to enter USB mode.

5. Start light therapy. The default mode is to select individual colors. If none of the 7 optional colors is selected (need to click), the automatic color switching mode is started. This can be interrupted by repeatedly pressing the RGB button.

6. Turn on/off the external lighting (if the sauna is equipped with it)

7. Turn on/off the lighting inside the sauna.

8. Turn on/off the sauna heating (Sauna mod). Long press (3s) will change the measurement system from Celsius (C) to Fahrenheit

(F) and vice versa

9. In sauna mode, use these buttons to increase/decrease the sauna cycle time. If the device is switched to FM or media mode, these buttons are used to increase/decrease the volume.

11. Sauna cycle time indicator (in sauna mode), or volume level (in FM/Media mode)

12. Current temperature indicator (in sauna mode), song number indicator in the playlist (in Media mode), radio frequency indicator (in FM mode)

13. In sauna mode, the buttons are used to set the desired temperature. In Media mode, the buttons are used to switch between individual tracks. In FM mode, the buttons are used to tune the FM frequency.

INFRARED SAUNA REMOTE CONTROL

To remotely control your infrared sauna, you can use the AI APP for smart devices with iOS and Android operating systems.



iOS



Android

You can find a pairing tutorial video on the Belatrix website, next to the product itself.

Once you have installed the AI app, run it

1. To pair your infrared sauna, tap the gear icon. The sauna name is BT Sauna. Select it.
2. Then return to the app control interface. The labels and functions of the individual buttons are identical to those on the infrared sauna control panel; see the "Control Panel" section.



POTENTIOMETER

It is used to regulate the surface temperature (radiation intensity) of full-spectrum radiators. It allows the temperature of individual radiators to be adjusted to the user's requirements. The range of possible settings ranges from OFF (radiator off) to MAX (maximum possible intensity).



IONIZER

An ionizer is used to purify and improve the air quality in an infrared sauna. The ionizer enriches the air with a large number of negatively charged ions (anions). This anion-enriched air resembles the air in high mountains, by the sea, or fresh and purified after a storm. An oxygen ionizer removes tobacco smoke, dust, pollen, and other pollutants from polluted air. Therefore, an infrared sauna is an ideal device for people suffering from allergies, asthma, and hay fever.



1. Turn the ionizer on/off (green light illuminates when on). 2. Press 1, then 2 to start sauna disinfection; red light on the ionizer indicator light. The program disinfects the sauna and automatically turns off after approximately 5 minutes. The recommended disinfection frequency is approximately 30 sauna cycles. Disinfection occurs when the sauna is turned off and there are no people inside.

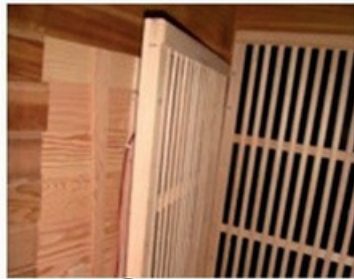
CARBON LIGHT REPLACEMENT (TO THE INFRA SAUNA WITH THESE HEATERS)

Unscrew and remove the panel (see photo). Disconnect the connector from the back of the radiator (see photo) by pressing on the end of the connector. Remove the wooden strip at the top of the panel as shown in the photos and remove the radiator.

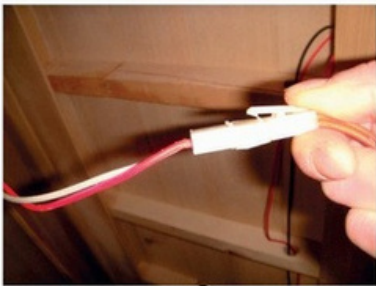
Insert the new radiator and follow the removal instructions.



①



②



③



④



⑤

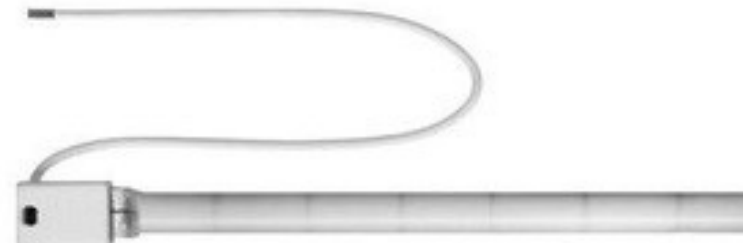


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FULL SPECTRUM LIGHT REPLACEMENT (TO THE INFRA SAUNA WITH THESE HEATERS)

Remove the screws from the radiator shroud and then remove the protective shroud itself. Disconnect the round power terminals on both sides of the radiator. The Philips Vitae type is connected using WAGO connectors.

Pull the radiator hose towards you and remove it. To install the new radiator, reverse the steps.



SAFETY INSTRUCTIONS

- Before each use, check that the infrared sauna is free from any damage or inappropriate items.
- Do not attempt to repair the infrared sauna yourself. If you experience any problems, contact your dealer directly. Unauthorized repair attempts may violate safety regulations and void the warranty.
- If the power cord is damaged, it must be replaced immediately by the manufacturer's representative or a similarly qualified person. A hot power cord indicates a problem with the power supply. In this case, contact the manufacturer or a qualified service technician.
- When replacing spare parts, ensure they are compatible with your infrared sauna and have the same specifications as the original parts. Using unauthorized parts may result in fire, electric shock, or other hazards. After repairs, have a service technician perform a safety inspection. Only then may you use your infrared sauna again.
- Do not use an infrared sauna during a storm, as there is a risk of electric shock.
- Do not pour water or other liquids on infrared heating devices or other electrical equipment.
- Do not hit heating devices with hard objects as there is a risk of short circuit, power failure or even fire.
- Never fall asleep in an infrared sauna while it is on.
Do not repeatedly turn the power and heating on and off as this may
- damage electrical equipment.
- Some infrared sauna models are equipped with skylights that reach high temperatures during operation. Avoid touching them while they are on, as they pose a risk of burns. Be careful even for about 20 minutes after they have been turned off.
- Do not touch the infrared heaters while the infrared sauna is in operation. Their temperature exceeds 70°C and there is a risk of burns. Do not cover the heaters as this may cause a fire.
- Children may only use the infrared sauna under adult supervision.
Do not place any objects on the top or inside walls of the sauna.
- Do not bring animals or metal objects into the sauna.
The sauna is not intended for drying laundry.

WHO IS AN INFRARED SAUNA NOT SUITABLE FOR?

An infrared sauna is not suitable for people:

People with limited physical, sensory, or mental abilities, unless they are provided with supervision and instruction, who are not familiar with the operation to the extent specified in this manual, are under the influence of medications, drugs, etc., which impairs their ability to react quickly. Do not use an infrared sauna after intense physical exertion. Wait approximately 30 minutes for the body to cool down. There is a risk of overheating when using an infrared sauna. Remember that body temperature should not exceed 39°C (103°F). Symptoms of excessive overheating include dizziness, lethargy, drowsiness, and fainting. Consequences of excessive overheating may include: inability to perceive heat, physical inability to leave the sauna, inability to recognize immediate danger, loss of consciousness, and, in pregnant women, fetal damage. Therefore, special care should be taken when regulating the temperature in an infrared sauna. High temperatures may negatively affect people with multiple sclerosis, systemic lupus erythematosus, diabetic neuropathy, Parkinson's disease, central nervous system tumors, or adrenal insufficiency (e.g., Addison's disease). People with hemophilia or blood clotting disorders should avoid using an infrared sauna. We do not recommend using an infrared sauna for people with a fever or heat allergy. Metal screws, joint replacements, and other implants typically reflect long-wave infrared radiation and therefore do not heat up. Silicone implants, on the other hand, absorb infrared radiation, causing the implants and surrounding tissue to heat up. Because silicone melts at temperatures above 200°C, infrared radiation should not have any negative effects on them. Patients with implants should consult a physician before using an infrared sauna.

- If you are taking any medications, consult your doctor or pharmacist before using an infrared sauna. Some medications can affect the body's ability to regulate temperature. These include diuretics, antihistamines, beta-blockers, and barbiturates. Infrared therapy is not suitable for patients with certain heart conditions, such as hypertension, hypotension, chronic heart failure, or coronary circulation problems. If you suffer from any of these conditions, prolonged exposure to high temperatures may be dangerous. This contraindication also applies to patients taking medication for hypertension or using a pacemaker. Some infrared sauna models contain magnets, which may affect their operation.

Children and the elderly should consult a doctor before using an infrared sauna. Children's body temperature rises very quickly, and their thermoregulation is not yet as developed as in adults. On the other hand, in older adults, the ability to maintain optimal body temperature and the function of sweat glands decrease over time. In the case of a joint injury, we recommend avoiding infrared sauna use for at least 48 hours or until the swelling and redness subside. In cases of chronic joint swelling, there is a risk that the joints will not respond positively to heat therapy.

WARNING: Infrared rays emitted by infrared saunas offer a wide range of potential therapeutic benefits and effects. These benefits are provided for informational purposes only and do not imply that infrared saunas treat or cure any disease. Such conclusions should not be drawn from these statements.

MAINTENANCE

- The wooden components of the infrared sauna, which are not visible, may have minor manufacturing defects (dents, scratches, etc.), which do not affect the operation of the sauna or detract from its final appearance.
- Minor cracks may appear in the wood during use. This is not a defect but a normal characteristic of the wood used. The infrared sauna door is not hermetically sealed. If you use the infrared sauna in a cool location, you can ensure the door is properly sealed. Do not use liquid or aerosol cleaners to clean the infrared sauna unless they are specifically designed for this purpose. Regularly sweep or vacuum the floor and benches in the infrared sauna. Wipe areas exposed to frequent body contact (door area, control panels, etc.) with a clean, damp cloth.
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- Avoid using cleaning products that may discolor or crack the wood. Heat-sensitive products are also unsuitable.
- Leave no marks. Never spray water on the interior or exterior walls of your infrared sauna. Do not use paints, stains, or other chemical coatings to maintain your infrared sauna.

*****do not leave the sauna on for more than two hours*****

DISPOSAL OF PACKAGING AND WASTE ELECTRICAL AND ELECTRONIC EQUIPMENT

Used packaging should be disposed of at a municipal waste disposal point. Used electrical and electronic equipment should not be disposed of with municipal waste. Please comply with applicable regulations. Take care of the environment. For proper disposal and recycling, return your old electrical device to your retailer or take it to a designated collection point. If the device contains batteries, remove them before returning it to the retailer. This product meets all the basic health and safety requirements of the applicable EU directives.



Note: Our company reserves the right to make changes to appearance and specifications without notice.

previous warning.

This mainly concerns the audio panel, light therapy, ionizer and other components.

Goatle s.r.o. Hybralec 14, Jihlava CZ